



# The Summer Post



## Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1

250-479-1611 | [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org) | [sacredheartvictoria.com](http://sacredheartvictoria.com)

*\* 19th Sunday in Ordinary Time | 13 August 2023 \**



### Weekday Masses

**There will be no 7 pm Masses in August.**

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#### Korean Weekday Masses

Wed 8:00pm : Fr. Robert Ryu  
Thu 10:30am : Fr. Robert Ryu



### NOTE

Please contact the Parish Office if you would like a box of **Donation Envelopes for 2024.**

### Weekend Masses

Sat, Aug 12 : Fr. V. Borre  
Sun, Aug 13 : Fr. A. Monacelli  
  
Sat, Aug 19 : Fr. A. Monacelli  
Sun, Aug 20 : Fr. E. Santos  
  
Sat, Aug 26 : Fr. V. Borre  
Sun, Aug 27 : Fr. E. Santos  
  
Sat, Sep 2 : Fr. V. Borre  
Sun, Sep 3 : Fr. E. Santos

We thank all the priests who are celebrating the Mass for Sacred Heart Parish.

### LITURGICAL YEAR A

Saturday: English Mass 4:00 pm  
Sunday:  
English Mass (streamed) 9:00 am  
Korean 3:00 pm  
Vietnamese (1st & 3rd Sun) 5:30 pm  
  
Please call the Parish Office for the following:  
Syro-Malabar (9 Sept) 12:00 pm  
Polish TBA

### RECONCILIATION

Saturday 3:00 pm  
Sunday (13 Aug) 8:00 am

### Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

## 9th Diocesan Family Conference Family Camp

17 - 20 August 2023

# FINAL CALL



### DEADLINE: August 12

Our speaker this year is **Paul Rossetti**, the Superintendent for Island Catholic Schools.

For the purpose of this camp, a family is defined as 'up to two adults with dependent children'.

<https://www.eventbrite.com/e/9th-diocesan-family-conference-august-2023-tickets-593430365197>



**"Take heart, it is I; do not be afraid."**

(Matthew 14.27)

Come, Be Not Afraid  
by Dan Wilson



### Please pray for:

#### Those who have died

Benjamin Perri, Esse Ruane and Agnes Ruzicka

#### Those who are ill

Jon A, MaryLee A, Angelina C, Hilda C, Darrell C, Cora C, Lesley D, Kathleen G, Richard G, Azaryah H, Barrie H, Pedrito K, Derek L, Bruno R, Maria T, and Marguerite Thomas.

### Summer Parish Office Hours

In August, the Parish Office will be open from  
**9:30 am to 3 pm**

**Tuesdays to Thursdays**  
(Closed on Mondays & Fridays)

Regular office hours will resume from Tuesday, September 5th.



## Help the Society of St. Vincent de Paul

In this Gospel, Jesus immediately stretched out his hand and caught Peter, and said to him, "O you of little faith, why did you doubt?"

With your help, we have doubled our food contributions to the food pantry and raised \$3,800 to assist with meat and dairy purchases. There is still a significant need to assist those less fortunate in our community – please make a gift and you will bring them faith and hope

Please specify "Sacred Heart Parish" when you make your gift at:

<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>



Healing the pain of abortion - one weekend at a time

Rachel's Vineyard will host their first retreat on Vancouver Island August 25-27, at the Bethlehem Centre, Nanaimo (2371 Arbot Rd).

This ministry is a safe place for people to renew, rebuild, and redeem hearts broken by abortion.

For more information, please contact Nicola:  
[rachelsvineyardvancouverisland@gmail.com](mailto:rachelsvineyardvancouverisland@gmail.com)



## JOIN THE KNIGHTS!

### Knights of Columbus

Free 1 Year On-Line Membership.

Enjoy the benefits of being a Knights of Columbus member including Accidental Death Benefit and the famous Columbia Magazine.

Go to: [www.kofc.org/joinus](http://www.kofc.org/joinus)

Promo Code: BLESSEDMCGIVNEY

After joining, please check your INBOX for confirmation.

## Pastoral Care Workshop via Zoom

It is FREE! Nine Saturday sessions (9:30 am to 12 pm) Starting Sept. 23 until Nov. 25 (no class Oct 7).

Deadline for registration: September 13, 2023

Contact: Moira King at [moiraking@shaw.ca](mailto:moiraking@shaw.ca)



DIocese of VICTORIA  
HEALTH CARE COMMITTEE

## Thank you for your contributions!

**August 5 & 6, 2023**

Envelopes \$ 1,766.00

Cash \$ 267.55

Total \$ 2,033.55

Donations through PAD, Canada Helps, & e-Transfer will be reported after the month ends.

## Ethnic Communities at Sacred Heart

**Korean Pastor: Fr. Robert Ryu**

[youngjinryu0758@gmail.com](mailto:youngjinryu0758@gmail.com)

**Polish Pastor: Fr. Jan Grotkowski SDS**

[jgrotkowski@rcdvictoria.org](mailto:jgrotkowski@rcdvictoria.org)

**Syro-Malabar Pastor: Fr. Thomas Venmanthara Vincent**

[thomasvenman@gmail.com](mailto:thomasvenman@gmail.com)

**Vietnamese Pastor: Fr. Michael Tran**

[michaeltran@rcdvictoria.org](mailto:michaeltran@rcdvictoria.org)

## Hospital Chaplain

**Fr. Sean Flynn: 250-889-3761**

**Parish Administrative Assistant**

Katherine Newton: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**Children's Religious Ed. Coordinator**

Lidia Moodie: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**Parish Liturgy Coordinator**

Rafael Oei: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**RMSE Coordinator**

Sindhu Merwin: [sacredheartrmse@gmail.com](mailto:sacredheartrmse@gmail.com)



## "THE CAROL BURNETT SHOW!"

**Sat. Aug 12 & Sun. Aug 13**

**St. Elizabeth's Church, 10030 Third Street, Sidney**  
(between Henry & Malaview)

7 pm, Saturday, August 12 and 2 pm, Sunday August 13.

Featuring Kelly Vanderswan, Matt Watson, Chris Blackie, Roy Battilana & Melanie Ehrlich, with piano accompaniment by Joseph Shadian.

Come for loads of laughs and fun, featuring four hysterical comedy sketches from the timeless comedy show: "The Howl & the Pussycat", "Alice Portnoy at the Hospital", "The Old Folks #4", and "Divorce American Style".

**Admission is BY DONATION at the door and ALL proceeds go to help refugees in Aleppo, Syria!**

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](http://RCDVictoria.org/Responsible-Ministry) or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](http://BishopReportingSystem.ca) or call 1-866-892-3737